

Hello Nippy Niners!

Thank you for participating in this unique trail run. Here is a bit of helpful information for you to know **before** the event.

PACKET PICK UP:

Saturday, January 25 - 1 pm - 5 pm at <u>Big Shark Bicycle Company 1155 South Big Bend Blvd, 63117</u> Sunday, January 26 - RACE DAY - opens at 7:30 am @ <u>Spanish Lake County Park</u>, parking lot near the start.

Both the 9K and 9 Mile will start at the same time. Bib Number colors are: Light Blue for the 9K, White for the 9 Mile.

Familiarize yourselves with your run course prior to Sunday. Both course maps are on the event page at www.bigshark.com.

PLEASE NOTE-

- The second LAP is for the Nine MILE only. You will do two complete looks of the Upper Park Section. After completing the 2nd lap you will head back towards the lower section.
- The 9K runners will hit the water station and then head back (Right Turn) towards the lower lake- and follow to the finish line.

9 MILE (15K) RUN COURSE DETAILS:

Mass start at the lower lake (Spanish Lake). The first 1.5 will be on the paved path around the lake. Runners will cross up to the upper section of the park and begin the transition to grass and trail. At Mile 2.3 runners will enter the single track and double track trail into Spanish Lake Park and around Sunflower Lake. The return will feature several hills before returning to complete lap 2 (beginning at Mile 4.4). Following the completion of the 2nd trail loop- runners will run 1.5 miles back to the Start/Finish.

Aid Stations will be located at the 2nd Loop start. Runners will pass this aid hydration station at mile 4.4 and mile 7.1. There will also be water, bananas and bars at the finish line. The course will be clearly marked with an array of cones, construction horse arrows, and yellow stakes + caution tape. Course Marshals in orange safety vests will be posted at key intersections to help monitor traffic flow- and to let you know you are on course.

9 KILOMETER (5.6 MILE) RUN COURSE DETAILS:

The 9K Course will follow the same route as the 9 Mile course- runners will return to the Start/Finish Area after completing 1 full lap of the trail section. The return to the Start/Finish will be at mile 4.4.

EVENT TIMING:

Provided by our friends at Big River Race Mgt. Please wear your bib visibly on the front of your body to ensure times/awards accuracy.

PARKING:

There is surface parking available in both the lower and upper Spanish Lake Park lots.

RESTROOMS:

Port-a-potties will be located in the lot near the start. There will be hand sanitizer available.

FRIENDLY REMINDER:

This is a conservation area and wild animals live here- please help us keep it clean by hanging onto your gel packets, water bottles, paper cups or other items until they can be thrown in a trash receptacle located at the finish line and/or at the Aid Stations.





-YOUR BIG SHARK CREW